

July 3, 2025

KANEKA CORPORATION

Release of “Watashi no Chikara (My Energy)TM Active Form of Coenzyme Q10 Tablets”
An Easy Way to Replenish Active Form of Coenzyme Q10

Kaneka Corporation (Headquarters: Minato-ku, Tokyo; President: Kazuhiko Fujii) released “Watashi no Chikara (My Energy)TM Active Form of Coenzyme Q10 Tablets” through its affiliate company, Kaneka Your Health Care Co., Ltd. (Headquarters: Minato-ku, Tokyo; President: Ikuko Miyake), on Tuesday, July 1.

“Watashi no Chikara (My Energy)TM Active Form of Coenzyme Q10 Tablets” is a dietary supplement containing 100 mg of active form of coenzyme Q10 (*1). Coenzyme Q10 is easily oxidized in air, so it is mainly sold in soft capsule form. However, Kaneka has succeeded in developing active form of coenzyme Q10 which is resistant to oxidation through crystallization and powder processing technology, enabling the commercialization of a tablet form. This product has a refreshing lemon flavor and can be chewed, allowing you to easily replenish active form of coenzyme Q10 like a snack. It also has a melt-in-the-mouth texture, making it ideal for those who feel uncomfortable swallowing capsules.

“Coenzyme Q10” is found in almost all cells in the human body and is an essential component for energy production. There are two forms of “Coenzyme Q10”, “oxidized” and “active”. The “oxidized” form must be converted to the “active” form in the body to work at its full potential. This product contains the “active” form of coenzyme Q10 which can be directly absorbed by the body and efficiently supports your health.

We are developing new products in the “Watashi no Chikara (My Energy)TM” series using active form of coenzyme Q10 tablets and will continue to expand our lineup of intake forms so that customers can choose the product according to their needs.

Based on our mission of KANEKA thinks “Wellness First”, we will continue to make our best effort to support better lives for our customers through products related to health that contain our original ingredients.

(*1) Kaneka was the first company in the world to successfully mass produce an active form of coenzyme Q10 material from yeast by utilizing its proprietary fermentation technology. Kaneka is a leading supplier of active form of coenzyme Q10 material to pharmaceutical and supplement companies around the world, and its products are used in supplements in Japan, the U.S., Europe, Asia, and other countries, and are favored by a large number of people.

< Product Overview >

Product Name	Watashi no Chikara (My Energy) TM Active Form of Coenzyme Q10 Tablets
Packaging	
Recommended intake per day	active form of coenzyme Q10 100mg / 1 tablet
Volume	22.5 g (1.5 g x 15 tablets): Approximately 15 days' worth
Suggested retail price	1,852 yen (excluding tax) (2,000 yen including tax) (*2)
Website	Kaneka Your Health Care online store https://www.kaneka-yhc.co.jp/item/QHT110M/

(*2) The price includes consumption tax of 8% as a product eligible for reduced tax.

【Product Features】

- Each tablet contains 100 mg of Kaneka's unique active form of coenzyme Q10.
- This tablet-type supplement has a refreshing lemon flavor and can be chewed.
- Store in a cool, dark place and consume within one month after opening.
- Maintain a balanced diet including a staple food, a main dish and side dishes.
- This product is not intended to cure diseases or improve health through excessive consumption.

For product inquiries:

Kaneka Your Health Care Co.,Ltd.

0120-438-910 (9:00 a.m. to 8:00 p.m. excluding Sundays and holidays)

<General Description of Kaneka Your Health Care Co., Ltd>

Headquarters: Minato-ku, Tokyo, Japan

Business description: Production and sales of health-related products using Kaneka's original ingredients; E-commerce sales

President: Ikuko Miyake